

Fascial Distortion Model Module 3 Course

Emphasis on treatment of the head, jaw, upper and lower extremities.

St. Mary's Hospital, Madison, Wisconsin

April 13-14, 2024 8am-5pm

Online Introduction to be completed prior to course start

Recommended Textbook: <https://www.handspringpublishing.com/product/the-fascial-distortion-model/>

REGISTRATION:

16.0 AMA/AOA credit hours

CLINICIANS/PRACTITIONERS:	\$850
WAOPS MEMBERS:	\$750
WI STATEWIDE OSTEOPATHIC COLLABORATIVE FACULTY:	\$500
RESIDENTS:	\$300

Questions regarding registration and policies – contact Denise.Hix@fammed.wisc.edu

<https://www.thefdmacademy.com/>

FDM is open to DO, MD, NP, PA-C, PT, PTA, OT, ATC, DC, ND, DDS, DMD, DPM, healthcare professional students, and Certified Structural Integration practitioners only at this time. PTAs are advised to only practice FDM under the direction of an FDM-trained PT.

INSTRUCTOR

JENNIFER RIBAR, DO



Dr. Ribar is a graduate of Pacific Northwest University. As an osteopathic neuromusculoskeletal medicine specialist in her hometown of Fairbanks, Alaska, she exclusively practices OMM both in her clinic and in the local hospital. Dr. Ribar sees everything

from newborns to 90+ year olds, acute and chronic conditions. Fascial Distortion Model is a large part of her practice, and was introduced to her as a first year medical student. She is one of 8 certified FDM instructors for the American FDM Association, and was the first female physician certified as an instructor. She was also the first female president of AFDMA. She teaches with the FDM Academy across the country and lectures about the FDM internationally.

Agenda:

Four hours of online introduction **required** prior to Day 1

Access provided 2 weeks prior to course

Includes the Fascial Distortion Model, History, FDM Terminology, Fascia, hand gesture patterns

Day 1

- General Treatment of Triggerbands and hands on
- General Treatment of HTP's and hands on
- General Treatment of CD's and hands on
- General Treatment of Foldings and hands on
- General Treatment of Cylinder, Tectonic Fixations and hands on
- Live Patients
- Lunch
- FDM applied to the upper extremity
- FDM of Elbow
- FDM of Wrist
- FDM of Hand and Fingers
- FDM of Shoulder update
- Live Patients

Day 2

- FDM of Foot
- FDM of Lower Leg
- FDM of Hip
- Pain Science in the FDM
- Live Patients
- Lunch
- FDM applied to the Head Region
- FDM of the Jaw and Face
- FDM of the Head, including the cranial field
- FDM in conditions you may not have considered
- Introducing FDM to your practice
- Questions, wrap-up



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