

Fascial Distortion Model

April 13-14

St. Mary's Hospital, Madison, Wisconsin

8:00 AM – 5:00 PM

4 hours online instruction required to be completed by April 10th

Module 3:

FDM Introduction + treatment of the head, jaw, elbow, and feet

FDM teaches the pattern recognition of patients' subtle, and often subconscious hand gestures when they describe their symptoms. Manual treatment and exercise applied with FDM thinking often leads to faster and sometimes dramatic positive differences in outcome. FDM is a different lens to view the patient's condition as well as another lens to view the provider's treatments, often filling in gaps in theory and application of other models. Module 3 is an introductory FDM course- the modules do not have to be taken in order.

Learning Objectives:

- Attendees will be able to describe the 6 fascial distortions.
- Attendees will be able to identify the 6 fascial distortions based on gesture and verbal description.
- Attendees will be able to identify and treat the fascial distortions in the head.
- Attendees will be able to identify and treat the fascial distortions related to TMJ.
- Attendees will be able to identify and treat the fascial distortions in the elbow.
- Attendees will be able to identify and treat the fascial distortions in the feet.

Intended Audience: Physicians, Physical Therapists, Residents, Fellows, Medical Students

Disclosure: The presenters and the planning team have no relevant financial interests to disclose. We have not received any commercial support for this activity.

Accreditation and Credit Designation Statements

In support of improving patient care, this activity has been planned and implemented by SSM Health and UW DFMCH Statewide Osteopathic Collaborative. SSM Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

ACCME – Physicians SSM Health designates this live activity for a maximum of 16.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Wisconsin Association of Osteopathic Physicians & Surgeons (WAOPS) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The WAOPS designates this program for a maximum of 16.0 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

